VASUDEVA KRIYA YOGA

Come join us on a holistic wellness journey
for Mental, Physical & Spiritual health

What's Included:

- ✔ Asanas
- ✔ Pranayama
- ✔ Mantras
- ✔ Mudras
- ✔ Meditation
- ✔ Mindfulness talks

Term 4 : 10 Oct-19 Dec '26
Saturday 7:30 AM - 9:00 AM

3rd Croydon Scout Hall, 15 Lusher Rd,
Croydon VIC 3136

$120/school term | $15/session
BSB : 013479 | Acc : 901654618

TRY ONE CLASS FOR FREE!

Contact us for VKY Mandir & other VKY centres/events /schedules

MANI (0433 682 431) / **KALPANA** (0425 511 117)
Dr Rajendra Ji (0410 527 904)
vasudevakriyayoga@gmail.com



Visit www.vasudevakriyayoga.com
or scan for more details

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